

Study Guide Template

Research-backed template for effective study guides | FluentFlash.com

How to Use This Template

1. Print one copy per chapter, unit, or exam topic.
2. Fill it in AFTER reading (not during) to force active recall.
3. Write in your own words. Do not copy textbook language.
4. Complete Practice Questions, then answer from memory the next day.
5. Use "Still Need to Review" to guide flashcard creation.
6. Upload to FluentFlash.com/flashcard-maker for auto-generated flashcards.

Why This Template Works

- Based on Dunlosky et al. (2013) research on effective study techniques.
- Forces active processing (organizing, reformulating) instead of passive copying.
- Built-in self-testing sections (Practice Questions, Self-Assessment).
- Vocabulary section requires your own definitions, not textbook language.
- Connections section strengthens memory through elaboration.
- "Still Need to Review" identifies exactly where to focus flashcard study.

Study Guide — Unit _____

Subject:

Date:

Chapter/Unit:

Exam Date:

Key Concepts (write the 5-8 most important ideas in your own words)

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____

Vocabulary & Definitions (term → your definition → example)

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
10. _____

Practice Questions (write 3-5 questions you might be asked, answer from memory tomorrow)

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

Connections (how does this relate to what you already know?)

1. _____
2. _____
3. _____

What I Still Need to Review (these become your flashcard priorities)

1. _____
2. _____
3. _____
4. _____

Self-Assessment: Rate your understanding (circle one)

1 (Lost) 2 (Shaky) 3 (OK) 4 (Confident) 5 (Could teach it)

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